



The Newsletter of Kol HaEmek (Voice of the Valley)

Physical address 8591 West Road -Mailing address P.O.Box 416, Redwood Valley, 95470 Phone: 707-468-4536

Please note: All submissions sent by the 20th of each month to Carol Rosenberg (carolrosenberg@pacific.net)

Coming Events

Friday January 14, 7:00 pm Zoom Shabbat Prayer Service with Mia Zimman.

Saturday January 15, at 10:00 am ZOOM Torah Study with Mia.

Sunday, January 16 2:00 pm Feeding the hungry at at Plowshares. To help, call Dan Hibshman 707-462-7471.

Saturday, January 29, 10:00 am Torah Service in person at the Shul, and on Zoom with Paige Licenberg.

Ten persons past Bat /Bar Mitvah age required for a Torah Service.

Proof of vaccination will be required.

Sunday February 13, 2022 Annual Meeting of KHE on ZOOM. More info to follow!

Friday, February, 25 at 7:00pm Shabbat Service with Bella Feldman.

Saturday, February 26, at 10:00am Torah Study with Bella.

KHE Annual Meeting

Unfortunately our plan for our annual meeting with a cheerful happy brunch and story telling will not happen because of the up-turn in covid and the newest restrictions. A room full of happy people eating a delightful variety of food will have to wait another year.

What will certainly happen is a brain storming, story telling and singing Zoom event, where we put our best minds together to plan for our future considering all options.

What ever will be, please plan to save time you Sunday February 13, 1:00-2:30 PM, for Kol HaEmek.

More info to follow!

Tu B'Shevat Plans

The Holiday falls on January 27-28. A Tu B'Shevat seder on Zoom is not very satisfying. The back fence of the Shul needs new plants. So, we are planning to plant grape vines along the back fence. Sunday, January 30, in the afternoon. If we make this a community planting it would be a way of celebrating the festival out of doors and together. If you can participate activity please call Carol 707-463-8526.or

E-mail carolrosenberg@pacific.net

Portion of the Week and Holidays

Book of Exodus

January 1 - Vaeva
January 8 - Bo
January 15 - Beshalah
January 22 - Yitro
January 29 - Mishpatim
February 5 - Terumnah
February 12 - T'Tzavel
February 19 - Ki Tisa
February 26 - Va-Ya Khel

Opportunities for Tzedakah

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon -a Jewish Answer to Hunger
Call: David Koppel, 485-8910

send checks to:

Kol HaEmek, P.O. Box 416, Redwood

Sending Prayers for Healing to:

Linda Koppel, Lee Wachs and Nancy Merling and Sara Esserman-Melville

We Remember

Louis Fisher - **January**
Raymond Glickman - January
Lynn Teplitsky - January 15
Joseph Brooks Miller - January 15
Jacob J.Borkan - January 16
Ken Holden - January 16
Tom Lowenstein - January 21
Arnold M.Kerr - January 30
Joshua Edelman - January 30
Steven Perlman - February
Robert Kraus - February
Louis H. Klayman - February
Hattie Glickman - February 4
Lola Sher - February 4
Rachel Faigin Bleicher - February 12
Lewis S. Rapport - February 15
Jucie Stern - February 15
Anita Koppel - February 17
Esther Daniel - February 19
Thomas Brooks-Miller - February 21
Tom Shine Mapp - February 22
Zena Marks - February 27
Donald Brooks Miller - February 28
Leon Horowitz - Tevet 3
Ephraim Coren - Tevet 9
Harold G. Corwin - Tevet 15
Marion Margolis Frank - Tevet 20
Paul Kowarsky - Tevet -26
Dori Anderson - Tevet -26
Arthur Hecht - Adar 7
Samuel Johoshua Cole - Adar 15

heavenly missiles
predawn darts of silken threads
my eyes witness all

david vilner

Donations to KHE 2021 for October and November

Thank You !

Lucy Bayer

Stuart Marcus and Tara Lesley Marcus

Leon Springer and Nancy Marotta Springer

Darline Bergere and Josh Bergere

Jean Morawski

Andy Coren and Yvonne Coren

Mark Levin and Kathy Crosby

Brad Kammer and Sara Minz-Kammer

Joel Cohen

Marisol Spiegel and Naum Spiegel

Judith M Corwin

Judith Fuente and David Nelson

Jay Joseph and Jennifer Joseph

David Koppel and Linda Koppel

Victoria Patterson Subject: Bulbes /Potatoes Song

Vicki sang this at Hanukkah. It is our first Yiddish lesson!

Zuntik-bulbes

Sunday potatoes

Montik-bulbes

Monday potatoes

Dinstik un mitvokh-bulbes

Tuesday and Wednesday potatoes

Donershtik un fraytik-bulbes

Thursday and Friday potatoes

Ober shabes in a novine-

But on Shabe, a novelty

A bulbe kugele

A potato kugel

Un zuntik vayter -bulbes

And Sunday back to potatoes

Broyt mit bulbes

Bread with potatoes

Fleysh mit bulbes

Meat with potatoes

Ober un vider bulbes

Here and there potatoes

Vider un ober bulbes

There and here potatoes

Ober eynmol in a novine

But now and then, a novelty

A bulbe kugele

A potato kugel

Un zuntik vayter bulbes

And Sunday back to potatoes

Zuntik - bulbes

Montik-bulbes

Dinstik un mitvokh- bulbes

Donerstshtik un fraytik-bulbes

Ober Chaukah ,a novine

Bulbe latkes

Un zuntik vayter bulbes

The Amidah

A Translation by Deborah Rosenberg, February 23, 2020

1. Ribono shel olam, thank you, for guiding and protecting us.
2. Ribono shel olam, thank you, for taking responsibility for who lives and will leave us.
3. Ribono shel olam, thank you, for wielding absolute power and ruling us with grace.
4. Please help us properly discern between our fears and our reality.
5. Please help us bring your laws into daily practice.
6. Please help us know what is wrong and always do what's right.
7. Please help us choose what can expand and avoid what does diminish.
8. Please help us care for those in need of understanding.
9. Please help us grow food enough for all and sustain all of our resources.
10. Please help us always find our way back home, no matter how far we've gone.
11. Please help us find justice for all people.
12. Please help us with our enemies that we may overcome our differences.
13. Please help us strengthen those in doubt and those who need our faith.
14. Please help us keep Israel strong and help her live in balance with all those who share her history.
15. Please help us bring forth true leaders of redemption.
16. Please hear us. Please know we are asking with humble love.
17. Thank you for your listening.
18. Ribono shel olam, you create. You support. You sustain. You protect. We are blessed by your care.
19. We hope for peace. We have known peace. We will know peace again.

Jewish in America: Two Interpretations

By Vicki Patterson

I offer two takes on what it means to be Jewish in America. They are similar in that they both involve the urge to run from our upbringings but remain obsessed by them. And they are both controversial. The first is the book by Joshua Cohen, “The Netanyahus, An Account of a Minor and Ultimately Even Negligible Episode in the History of a Very Famous Family”(New York Review of Books, June 2022). It stems from an account by the critic, Harold Bloom, of a real visit from Benzion Netanyahu, the father of Bibi Netanyahu, to Cornell University in 1958. Although Benzion did, in fact, teach at Cornell after a stint at the University of Denver (he died in the United States at the age of 102), the rest of the book is fiction save for an historical account of Zionism and the founding of the State of Israel. The fiction revolves around a Jewish academic, Ruben Blum, who is an Americanist, at the fictional Corbin U., Blum claims that, although he is a Jewish historian, he is not an historian of Jews. He is the only Jewish employee of any kind at the university. He is called on to interview a candidate, Benzion Netanyahu, for a teaching position. Benzion’s academic interest is in medieval Iberian history. Blum is puzzled by the U’s choice of him as an interviewer, then realizes that they want his take on Netanyahu’s fitness and aptitude as a fellow Jew. This creates a quandary for him as a positive review will be read as Jewish favoritism, but a negative review will be interpreted as an avoidance of such favoritism. Both the real and the fictional Netanyahu have a belief that Jewish history is a string of tragedies from the destruction of the second Temple to the Holocaust and see strong and militant Zionism as the only strategy for survival. The rest of the story deals with humorous incidents in the Netanyahu family’s encounter with American academic society as well as a detailed true history of Zionism. In this political satire, Cohen underscores the underlying fear of many Jews of always being an outsider despite their success in America and the grappling of American Jewry with Zionist orthodoxy in Israel.

The book has been criticized for playing into Jewish stereotypes and presenting an unfair view of academia. It has also been criticized for its almost indecipherable vocabulary. There were many, many words, I did not know: for example “sambatyen” and “phalanstery “ to name but a few. The presentation of Zionism has also been criticized. On the other hand, it has been lauded as a great piece of writing, a sharp political satire and a humorous take on university and academic pretentiousness and Style

Vicki's Artical Continues

The second take is on the TV reality show, “My Unorthodox Life” which follows the family of Julia Haart, who went from a frum housewife in Monsey, New York (an ultra orthodox community) to head the international Elite World group modeling agency and a life of ostentatious luxury in Manhattan and elsewhere. It is pure escapism couched in a scripted condemnation of Jewish or any fundamentalist beliefs. Julia escaped her Jewish family and left with three of her four children after being married as a teenager and subjected to a secondary role as a woman in her Orthodox community. The series depicts some of the conflicts she experienced between her desire for a freer life and the rules of her community. It also shows some of the adjustments her children have to make with their mother’s completely different life style. Her daughter, Batsheva, raised in the Orthodox tradition, was married at a young age to her husband, Ben, who is struggling with his mother-in-law’s new life style and its impact on his wife. Her adult son, Shlomo, is struggling with dating for the first time and trying to find a career that his Orthodox schooling has not prepared him for. And her youngest daughter, Miriam, who apparently is a tech wizard and was her inspiration for fleeing her former life, is bisexual and non-religious. Julia is remarried to a rich, Italian entrepreneur, Silvio Scaglia Haart (he took her invented last name) with whom she shares her business empire. Julia ’s youngest child, Aaron, still lives with his father, Josef Handler, in the Monsey community while encountering a completely different world view when visiting his mother and the rest of his family. As with many reality shows, the petty conflicts between siblings, minor problems with work life and the real disparities between the Orthodox life style and Julia’s hedonistic luxury, are portrayed against a backdrop of fabulous residences, European vacations, and many wardrobe changes. The show has been picked up for a second season on Netflix and, despite its emphasis on the dangers of fundamentalism and the joys of free choice, it underscores my beginning intro in that running from an upbringing keeps one reflecting in that past and even being obsessed by it.

Tu S'Shevat

Tu B'Shevat falls on the 15th day of the Hebrew month Shevat: hence, its name. (tu represents the number 15 In the Hebrew numerology system, where letters have numerical values. It is celebrated this year on January 27-28. Although it is not mentioned in the Torah, it has come to be known as Jewish Arbor Day. It gives us a glimpse of spring and the promise of summer fruits in the middle of winter. It was first celebrated by Kabbalists in the 16th and 17th centuries to remind them of the fruits of their homeland, Israel, and to maintain a connection to that land, by eating the seven species from the Torah, i.e. wheat, barley, grapes, figs, pomegranates, olives and dates. In addition, the "seder" or fruit feast of Tu b'shvat includes the three types of fruit associated with Israel- those with shells (oranges, walnuts), those with pits (cherries, apricots), and those completely edible (blueberries). Some people read the Pir Etz Hadar, "Fruit of the Goody Tree", a compilation of tree passages from the Bible, Talmud and the Zohar.

Although not a Torah holiday, passages from there remind us of the importance of trees . "And when you come to the Land, plant all manner of fruit trees" Leviticus 19:23. The blessing over the fruit is "Barukh ata Adonai, Eloheinu melekh ha'olam, Borei pri ha-etz." Today, we celebrate the holiday as an Earth Day where we plant trees, practice good conservatorship of the earth, and remind ourselves of environmental threats and the practices we can do to protect and serve the earth.

It is customary to eat nuts and fruits and serve barley soup, figs and dates in any form (maybe a Fig Newton!), marinated olives or any fruits of the three types mentioned earlier.

Here is an easy recipe for Olive Oil Cupcakes:

Prepare cupcake pan – heat oven to 350 degrees

2 large eggs

1 cup sugar

½ cup Virgin Olive Oil

2 tsps grated orange zest

¼ cup freshly squeezed orange juice

1 and ½ cups flour

1 tsp baking powder

¼ tsp salt

Beat eggs and sugar together until fluffy. Add olive oil, zest and orange juice. Beat together. Add flour, baking powder and salt. Mix well, Fill cupcake cups. Bake for about 18 minutes until golden and toothpick inserted comes out clean. Let cool.

Icing

1 stick unsalted butter , room temperature

1 tbs orange blossom honey

2 tsps olive oil

1 tsp orange zest

¼ tsp salt

2 cups powdered sugar

1-2 tsp milk as needed to spread icing on cupcakes

Mix everything except sugar until light and fluffy and then add

Sugar and keep mixing. Add milk if needed to spread over cooled cupcakes. Enjoy!



Kol Ha Emek MCJC-Inland
P.O. Box 416,
Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ages
- To be inclusive of all partnerships and family configurations
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world) as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and other contributions and allow all to participate regardless of the ability to pay

Kol HaEmek Information & Resources

Kol HaEmek

(707) 468-4536

Board Members

| | |
|-----------------------------|---|
| Sherrie Ebyam -President | 530-414-1104 < ebyam@sbcglobal.net > |
| David Koppel -Treasurer | 485-8910 < davekoppel@yahoo.com > |
| Carol Rosenberg - Secretary | 463-8526 < carolrosenberg@pacific.net > |
| Sara Esserman-Melville | 391-9244 < sesserville@gmail.com > |
| Nancy Merling | 456-0639 < nancymerling@att.net > |
| Barbara Stanger | 234-3261 < aurnaenterprises@gmail.com > |
| Victoria Patterson | 467-1932 < patterson.victoria2@gmail.com > |

Brit Mila: Doctors willing to do circumcisions in their office or your home; Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies are available; send your e-mail request to Sherrie Ebyam